

# The Wind of Emptiness

*Sufi-Zen Meditation Camp and Retreat*



OSHO MOKURAI M. C.

**Italy. 1st – 14th August 2023**

*"Just as the bird has two wings, let love and meditation be your two wings." - Osho*

*Sufi is the expression of the ancient wisdom of the heart, and the path of love born from that wisdom. Zen is the silence, the sky, of that wisdom. This unique process is a journey to silence through love, and to love through silence.*

*Zikhr, breath, music, dance, poetry, the Sufi path and joy, will take us into the open space of the heart, the door, the bridge, to the silent lake of our being.*

*This powerful 14 days Meditation Camp is a profound and intense process structured in 2 parts. First week is a diving into the Sufi space of love and wisdom, second week a merging of the Path of Love and the Path of Meditation...*

*Whirling take us into the many expression of ourselves and finally to the state of union; sitting in Zazen, listening to Sufi poetry and Zen haiku will help to remember the wisdom and the silence of our true nature. Finding the silence, the stillness, in our whirling, and the song, the dance in our sitting. The Sufi-Zen camp is a powerful process of emptying ourselves, an atmosphere where love and prayer flower into meditation.*

***A Path to allow the empty space to be revealed.***



(ONE HEART)

***“Meditation and Love together are supportive energies for each other. If you love, you will be able to meditate more deeply, if you meditate you will be able to love more totally. They go on helping each other. Slowly a pyramid is created in your consciousness. By the bricks of love and meditation one can reach the highest peak of existence.”***

**Osho**

***The Sufi-Zen Camp and Retreat will happen at OSHO MOKURAI M. C. on the mountain of Val Maira, in the Italian alps, a magic place of great beauty, and ancient spiritual misfit .***

***“Nature is nothing more than a veil over God.***

***And only those who know how to lift that veil become familiar with the truth of life.” Osho***



***With Videha. Osho disciple since 1980. Initiated into the Mevlevi Sufi Order of Konya ( “The Whirling Dervishes” ), Videha integrates the Sufi Path into Osho’s vision and love. For years as a Zazen practitioner, he has traveled and trained in Turkey, Mongolia, China, Taiwan, Japan, Central Asia, Korea, Tibet, where he received many initiations. He is leading groups, seminars, camps and meditation retreats all over the world since 35 years, uniting the Path of Love and the Path of Meditation. Since 2022 he moved to live in the Alps***

***mountains in North Italy, where he created Osho Mokurai Meditation Center, an expression of his heart, and the love and devotion for Osho and the Dharma, a place for committed meditators, a place of Remembrance...***

***“All the work is inspired by Osho’s teachings, my Master, an endless source of compassion and wisdom, an inexhaustible mine of countless Dharma teaching treasure”.***

***“As the birds sing each morning at sunrise, the heart fills with song at the dawn of meditation. As flowers bloom in spring, the soul is drenched in fragrance as meditation is born. As everything glisters green beneath the rain, consciousness shines with many colors as meditation showers. All this and much more takes place, and this is only the beginning. Ultimately, everything goes: fragrance, color, light, music...everything disappears. And an inner space, like the sky, appears. Empty, formless, without quality...”***

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\* **Camp: 1 August - 14 August 2023**

## **OSHO MOKURAI M. C.**

*“If we are a mystery, then avoid this alley.  
If you can’t tear off your clothes,  
Don’t come to this stream.  
This place from which all emanates  
Is no place for cowards, so continue on your way.  
But if you catch the scent of what awaits you here,  
And the fragrance draws you near,  
Then come, please come.  
If you would tear off all your clothes,  
Jump right in and drawn,  
In these waters you’ll be lost, but Love is found.  
For this is where the heart exist, and all road lead to this.  
Here they begin and then return.  
So come please come.” Mevlana*

### **Information and Booking:**

**Videha**

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